Dream Achiever of the Month
Gateway to Dreams Member:
Amy Baue

Amy’s Dream:
Amy has been an entrepreneur since she graduated college. She is a business coach who works with entrepreneurs and one-person businesses to help them learn and implement the critical steps necessary to grow their business quickly. Her diverse background as an entrepreneur in the legal field, nutrition and fitness coaching, marketing, and author of a health guide for women, bring entrepreneurs solid expertise and experience. As an entrepreneur, she has experienced the struggles and challenges independent business owners face and how to overcome these obstacles to succeed.

As a coach, Amy’s passion is to help her clients to successfully write the rules to design their life and rock an abundantly-profitable business. Amy wraps her expertise into a specifically-defined program so her clients take inspired action to go from stuck to profitable.

That wasn’t always the case! A few years ago, Amy was so sick she could hardly make it through each day. She was no longer able to work and could hardly care for her young son. Every day, she had to preserve each precious ounce of energy, just to function.

Amy loves working as an entrepreneur and she has done so for twenty years. However, even during the early years, she had one speed – fast. Living as a workaholic and using her energy in so many places without laser focus was about to catch up with her. While searching for the path that aligned with her desire to impact the lives of others, Amy hit the proverbial brick wall! Amy just didn’t know any other way.

As she kept pushing, she failed to realize she was facing resistance which was there to guide and direct her. Even though she had BIG dreams and visions, she didn’t think she had the right to be “one of those” powerfully successful people. According to Amy, “That’s what happens to other people”. However, as she was forced to heal her body, it was clear she had a simple choice if she wanted to move forward: she could change her thoughts, which would change her beliefs and thereby change her actions to create the life she so badly desired. Or, she could continue to play small, like the unknown backup band, while she watched other people take steps to be the headliner that rocked the crowd!

Amy’s experience at Gateway To Dreams:
When Amy joined Gateway To Dreams, she found herself surrounded by people who have a spirit of true giving - successful business owners who were laser focused on creating an abundant lifestyle and growing their businesses and designing the life of their dreams. But, more importantly, they were compassionate GIVERS. They took their precious time to mentor, collaborate and encourage other dreamers. Amy was one of those other dreamers.

Amy discovered that every person connected with G2D showed up asking “How can I contribute my time and talents to Gateway to Dreams and how can I help people in our community prosper and achieve their personal, career or business goal?”

Amy says “Because G2D team members believed in me, they helped me step into my greatness. The connections that I made, the introductions given to me and the relationships built, have propelled me into new opportunities for learning, growing and exceling in my areas of strengths and expertise”. Amy has formed a multitude of priceless relationships and has garnered expertise from many other business owners at Your Collaborative Board who brainstormed, shared ideas and offered valuable feedback that helps her to grow personally and professionally.

“I consider everyone at G2D my cherished Dream Team”. Amy added. “Each person at Gateway To Dreams is so willing to offer insights without any fear. It’s because of this environment and heart-centered people that I am helping other people step into their greatness. My clients receive this ripple effect of personal and business growth because I received from G2D. The exciting part is this ripple effect keeps going with the success my clients have as well as their own customers and clients”.

Amy is forever grateful for the vision that Founder Karen has passed on to the amazing people who have become part of G2D. She says it is her sincere pleasure getting to know, work and play with such a supportive and encouraging group of people!

Quote of the Month:
“All our dreams can come true if we have the courage to pursue them” Walt Disney
Don’t Miss This Marketing Opportunity For You And Your Business!

Would you like to have your company featured in the Dream Spotlight? Every month we will feature a member and their business for a low fee! Contact Diane Carson at diane@promoxpertz.com for complete information if you would like to be the next featured dreamer!

Monthly Dream spotlight:
Member: Jean Walters
Email: jean@spiritualtransformation.com
Website: www.spiritualtransformation.com
Phone: 314-991-8439

What is your background? My background is metaphysics, Transformational Coaching (over 35 years), Akashic Readings (over 35,000 given), teaching personal growth classes, and authoring columns in major newspapers and publications, and writing books - Set Yourself Free: Live the Life YOU were meant to live; Be Outrageous: Do the Impossible - Others Have and you can too! and Dreams and the Symbology of Life.
What is your current business? I have been a life-long student of spiritual principles and use them to empower my students, clients, and myself. I have had a syndicated radio show in 110 markets called Positive Moments. Currently I have an office is in the Westport area. website: http://www.spiritualtransformation.com

How did you find G2D? I have been friends with Karen Hoffman since 1990 and found Gateway to Dreams through her. I joined originally to support Karen.

How has G2D impacted you? I have met some really great friends and have received particular benefit from meeting monthly with other business owners on the Collaborative Board

Jean’s dream list: My dream has always been to impact the world with positivity and my means has been to teach the power of thought and our ability to connect to our Greater Mind. My dream is to have my books read all over the world and to help people make the shift to peace and love.

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Coaches Corner: Bill Prenatt

- Name – Bill Prenatt
- Name of company – Simply Successful
- Type of coach – Business
- People I coach – Business owners and family members
- Something personal others might not know about you – I was the road manager for Tommy James and the Shondells
- Something professional about you – I am an experienced sales, purchasing, and operations manager
- A coaching tip – Handle resistance by asking questions about the resistance

Contact Info
Email – bill.prenatt@simplysuccessful-llc.com
Phone – 636-484-0208
Website – www.simplysuccessful-llc.com
Member Events

One of the benefits of membership at the upper level is that you can hold events at the Business Lodge!

Here is a list of member events coming up in December:

Tuesday, December 13th from 8:45 am until 10:30 am - Connecting & Promoting Women
Educational Speaker: Kathy Lambert, co-founder of Connections to Success; Personal Story: Rosemary Britts, founder Sickle Cell Association
Give back! Collecting work clothes, shoes, accessories for Connections to Success
www.ConnectingandPromotingWomen.org

Thursday, December 15th from 1 am to 2:30 pm - Dream Tank
Our nonprofit for November is Better Family Living and Sonja Shin will share their story. We also brainstorm for each attendees and our nonprofit speaker.
http://gateway-todreams.org/event-2333576/Registration

Thursday, January 5th from 9 am until 11:30 am - Your Collaborative Board
A facilitated mastermind for women entrepreneurs that are members (Dream Believers, Dream Achiever levels).
Kare.Hoffman@GatewayToDreams.org

A Few Member Sponsored Events

Monday, December 5th, 1 pm
Donna Gamache, Stunning Style Strategist

http://www.gatewaytodreams.org/
Do you have a dream? Are you longing for “something better” in your life, but aren’t sure how to make it happen?

Our community of dream champions is here to provide the support you need to uncover your dreams AND help you put a plan in action to go for your dreams!

It’s been said that a dream without a plan is just a wish. Gateway To Dreams believes that when you know and express your dreams and goals, people will help you achieve them! Whether your dream involves life, career or business, Gateway to Dreams can help you put a plan into action with the connections, resources and guidance to take your dream from wish to reality.

Gateway To Dreams is a collaborative, non-profit community created to facilitate positivity and possibilities in the St. Louis Metro Area. We are committed to helping people flourish in all areas of their lives. Whether it’s personal, career, or business, we provide the comprehensive resources of expert coaching, mentoring, targeted programs, and strategic connections necessary for dreamers to pursue AND achieve their dreams.

We believe:
• There is power in community
• There is hope in coming together to support one another
• The possibilities are endless when we stop focusing on obstacles to success and seemingly insurmountable problems and develop a solutions mindset – paying it forward and generously sharing who we know and what we know with each other to make dreams come true

Pictured is just a part of this dream community, the dream movement that first began meeting weekly in July 2013.

December 2016

Gateway to Dreams is located in Chesterfield Mall, next to Dillard’s on the lower level.

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