Dream Achiever of the Month
Amy Latta

If you visit the website of our Gateway to Dreams member, Amy Latta, you will read: “I am Amy Latta. I am a life coach. I help business women lose weight by taking back your time and taking back your energy. You ready?”

Amy not only helps busy women running businesses lose weight, she takes them on a journey, helping them understand how they can create exactly what they want in their lives - finding extra time in their day and helping them learn why they do not do what they say they are going to do. Women hire her to build a worthy mindset in order to change their body.

Amy is also proud to call herself a wife, mother, stepmother, daughter, volunteer, friend, and Amazon best-selling author.

One of Amy’s passions is speaking, and on May 13th at St. Luke’s Hospital, Amy will share part of her motherhood story at the yearly “Listen to Your Mother” program, and is ecstatic to be in the show!

“As a Gateway to Dreams member,” Amy said, “I have had the opportunity to meet many people outside of my normal circles and expand my viewpoints. Gateway to Dreams allows me to grow not only as a business owner, but as a person. Meeting the producers of Listen to Your Mother at a Connecting and Promoting Women event, and winning a spot in their show is definitely another personal growth endeavor that I never expected to be part of, allowing me to share my mistakes and love in being a stepmother.”

To learn more about Listen to Your Mother, visit www.ListenToYourMotherShow.com/stlouis to buy tickets OR see the show video (if after May 13th). Amy also recently won a coveted spot at the next Take Action Success Seminar on June 9. With seven of their eight speakers booked, the planning team decided to pair with Medici MediaSpace and hold an American Idol-style audition for the last speaker spot. After three rounds over a month’s time, coaching and constructive feedback, and auditioning with other powerhouse speakers, Amy won the coveted final spot.

To learn more about Take Action Success Seminar, visit www.TakeActionSeminar.com. As a member of the Take Action team, Amy is excited to pass on some savings. Use “takeactionnow” to get $20 off a general admiring, and “takeactionVIP” to get $49 off the VIP admission.

“Don’t give up on your dreams, or your dreams will give up on you.” -John Wooden
Don’t Miss This Marketing Opportunity For You And Your Business!

Would you like to have your company featured in the Dream Spotlight? Every month we will feature a member and their business for a low fee! Contact Diane Carson at diane@promoxpertz.com for complete information if you would like to be the next featured dreamer!

Monthly Dream spotlight:
Member: Derlene Hirtz

What is your background? I married at 19 years old with a dream to go to college. Through the years, I worked teaching in Catholic Schools, both in Missouri and California. I taught P.E. and Religious Education. My undergrad is Elementary Education. It was a long journey that has resulted in perfect timing. I soon became a Director of Religious Education in which I helped families with faith formation for their children 1st – 8th grade. During this time, I also trained in Neuro Linguistics Programming, having attained Master Level Training and Coaching certification. I also am Master level certified in Time Line Therapy. In 2014, I began formulating my business plan for You. Empowered Services. In my book, Journey of Intention – Life Made To

Order, I chronicled my journey as I looked into the “nag” that hung in the back of my mind. It is a book of hope, healing, and lessons learned.

What is your current business? You. Empowered Services offers empowerment coaching and professional speaking services. Through coaching and speaking, YES motivates clients to achieve success and happiness while overcoming fears that are holding them back from becoming the person they desire and deserve.

In January, 2017, I purchased the St. Louis Metro franchise of TEAM Referral Network. TEAM is a face-to-face and online networking organization built on trust and integrity in which professionals grow their businesses through relationship marketing.

How did you find G2D? When I began researching for my business plan, Gateway to Dreams kept popping up on my news feeds. I believe everything happens at the right time; the day I attended Connecting and Promoting Women, I knew I had found the place that would support my dreams; I had found a tribe!

How has G2D impacted you? G2D has encouraged me to dream BIG and set BIG goals. I attended Joy of Goals in January and made a commitment to meet 1200 people this year! I have met amazing people who recognize they change the world by their very existence. I have met some people who didn’t understand they change the world. With a little help from a (new) friend, they walk away with a new sense of purpose for who they are and what

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they contribute to our world. The biggest blessing for me, has been those that have effected change profoundly in me. Through their work, ministry, and passion, they are serving so many people who cannot help themselves. To listen to their stories of life takes my breath away.

Karen has been one of my biggest fans. From the moment I walked into the Business Lodge, she has encouraged, challenged me to dream beyond what I thought I could, and supported me as I continue to pursue my personal dreams of success, happiness, and joy.

Two items on your “Dream List”:

Have a stranger walk up to me and ask me, “What do you do to change the world?” That is the question I ask my 1200 when I introduce myself. I know it would have come full circle. Help as many hurting, sad, fearful people to understand their significance in the world and what they are capable of achieving the level of success, happiness, and joy, they choose to achieve.

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**Volunteer Corner: Lesa D Wilhoit**

**Area I volunteer at G2D:**
Tuesday is the best day of the week! I get to greet all the wonderful members or non-members who walk through Gateway to Dreams doors, whether it is for a training session, a workshop, small 1 on 1 meetings or meeting with our gracious Founder, Karen Hoffman, it makes for a truly blessed day.

**Duties performed as a volunteer at G2D:**
My main focus as a volunteer, Tuesday 9-5 is so that anyone who is curious about Gateway to Dreams has the opportunity to visit and take a tour (which I love to give) and receive information on how G2D may help then connect with others to achieve their dreams and purpose in life. The last Tuesday of the month I enjoy helping with CPW in any way I am needed. I love meeting people who truly enjoy helping and promoting others with their hearts open.

**Something personal others might not know about me:**
During college I worked for 2 years on a research project with my professor and her grad student, determining whether children ages 3-5 learned best from computer games or hands on games!

**Something professional about me:**
Early Childhood Education has been my passion for over 31 years! During college I learned how to do training for day care teachers and continued this into my professional life by becoming Educational Trainer for 10 centers in the St. Louis area. Writing curriculum was my favorite! Out of those 31 years 26 were spent in management and 20 were owning/running an Early Childhood Education Center in Troy Missouri.

**Anything you have learned as a volunteer at G2D:**
Volunteering has given me such a wonderful opportunity to meet amazing people who have hearts of gold who truly have the desire to reach out and empower others to achieve their dreams. It has taught/shown me, I have the same desire to empower others.

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Member Events

One of the benefits of membership at the upper level is that you can hold events at the Business Lodge!

Here is a list of member events coming up in May:

DREAM TANK - Tuesday, May 16th, from 1 to 2:30 pm
Come to our monthly "Dream Tank!" Hear about a local non-profit AND brainstorm in small groups about your dreams and goals! Featured: Metro Leadership League helping girls in under-served communities to realize their potential and build a foundation of self-worth and perseverance that leads to a lifetime of success. MLL uniquely draws under-served young women together to focus their minds, hearts, and talents on creating positive change in themselves and in their communities.

Experts 4 Entrepreneurs - May 17, from 8:00a-10:30am
Experts 4 Entrepreneurs is a premier community of entrepreuners, committed to helping small business owners succeed and live their dreams. We’re people of goodwill, helping each other take our businesses to the next level faster and with less stress. Every meeting features Networking, 3 Showcase Presentations and a Panel or Mastermind Generator Session. Hosted by Bill Prenatt and Cynthia Correll (Gateway to Dreams Coaches)

Joy of Goals Mini-Session - : May 20, from 10-11:30a
To ALL Joy of Goal attendees! If you attended THIS year, LAST year, FIRST year... ANY YEAR, I have decided to offer a mini Joy of Goals workshop every other month and a full day in July (to ANYONE) to help people stay connected... to their dreams, goals and other attendees. FREE to members of Gateway to Dreams and $25 to nonmembers!

Connecting and Promoting Women - May 23, From 8:45a-10:30a
Join us on for Connecting & Promoting Women located at The Business Lodge

TOpIC: GET BUSINESS NOW

To see ALL Member events for May visit www.GatewayToDreams.org and click on the calendar tab on upper left side of website.