

Get to know our members ... some have been with us for years, some a few months. WHO would you like to meet, collaborate with, or get to know?

MARIJO ALTER has built a six figure career with Melaleuca and uses her Gateway to Dreams membership to meet new people and to work out of The Business Lodge. Marijo is passionate about health and wellness. She loves to share how helping people with their health can help them with their own personal wealth as she has done. In addition to her Melaleuca career Marijo and her husband flip homes, and have owned their own bed & breakfast, and she's a former police officer!

JENNY GRACE MORRIS is a biblical story teller, a communication coach that also licenses other coaches. Pure of heart, Jenny Grace is committed to helping others and her spiritual coaching is one way she does that.

**HAYLEY SOHN** is a nutritionist with a twist. Hayley can help you with WHAT to eat AND provides healthy, nutritious meals! She also provides the delicious AND nutritious breakfasts for Connecting & Promoting Women meetings each month!

AMY BAUE is a business coach that started with Gateway to Dreams as a volunteer BEFORE Gateway to Dreams opened their doors in January 2014. She hosts meetings in The Business Lodge and shares the "pay it forward" mindset to help our world. Amy loves to help her clients focus on their businesses in a way that does not drain their energy because Amy feels your health is one of your most precious resources.

JAMES TATUM is a wealth advisor and a passion for helping others. James is a "family guy" and is also the very PROUD grandfather of basketball star Jayson Tatum.

**DIANE CARSON** has been a member and volunteer of Gateway to Dreams for quite a while. Along with her son, Alex Carson, they own Promo Xpertz.

**JO ROSSI** is a personal growth expert, offering life-changing workshops and coaching. Making a difference. Giving hope and inspiring others to live their best lives. Another heart smart member making a difference.

If you want to "connect" with any of our members, reach out to Karen Hoffman and she will connect you! Karen.Hoffman@GatewayToDreams.org or 314-503-6376. -continued from page 3

#### Judy Ryan

My dream now is take my virtual and proven model, and scale our work forward as a global entity, that can literally impact thousands and thousands of lives for the betterment of our world.

I know this cannot be done without the partnership of other like-minded people. I know these like-minded people are to be found at Gateway to Dreams. This organization draws the wholehearted who are committed to making a difference in the world. At Gateway to Dreams, I find support, generosity, and connections; a great venue for events and workshops, and collaboration, to fast track my dreams while I help others do the same. Gateway to Dreams is a powerful gateway for me and for so many others!



Karen Hoffman, Founder karen.hoffman@gatewaytodreams.org 314-503-6376

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Gateway to Dreams is located in Chesterfield Mall, Sears wing, first floor.

# Community Collaborative

GATEWAY TO DREAMS

# Dream BIG

Newsletter

## IMPACT ST. LOUIS AWARDS

As a way of celebrating all the wonderful people making significant contributions in the St. Louis area, Gateway to Dreams is launching our first annual Impact St. Louis Awards. The nominees and nominators DO NOT have to be current members with Gateway to Dreams. Current members are most welcome to submit nominations or be considered themselves as nominees, but the purpose of these awards is to honor the exciting and substantial contributions that are currently being made in our St. Louis community.



The purpose of the Impact St. Louis Awards from Gateway to Dreams to recognize and celebrate people and organizations in the St. Louis

metropolitan area that exhibit a kind and giving heart. Through this acknowledgment, we can inspire more people and organizations to do the same and improve our community.

Who do you know that deserves to be honored with this award? Be sure to download a nomination form on our websites: gatewaytodreams.wildapricot.org/page-1859323. Join us on April 5, from 5 to 9pm at the Business Lodge, Chesterfield Mall, Lower Level, Sears Wing, as we honor those who have selflessly given their time and their talents to make St. Louis a better place to live and work!

Visit our website gatewaytodreams.wildapricot.org/page-1859323 to learn complete details on all the categories! Nominations are due by February 28, 2018.

In addition, as part of the IMPACT St. Louis Awards celebration we are holding a silent auction to raise money to continue our mission in the St Louis community. Please complete this auction donor form so we can properly recognize you at the event as well as provide you with your tax-deductible donation information.

Thank you for your consideration in supporting our mission and the people and organizations that help make it happen.

For questions contact: Karen Hoffman (314) 503-6376

CHANGES FOR OUR
CONNECTING AND
PROMOTING WOMEN
MEETINGS IN 2018:

We will be holding our **Connecting and Promoting Women** meetings same time, same place but on a different day of each month! Please mark your calendars to be sure to join us on the 4th Wednesday of each month! See you there!

## NEW MEMBER SPOTLIGHT



#### **Jenny Grace Morris**

Jenny Grace Morris is a
Master certified Christian
Life coach, a curriculum
creator and trainer at the
Professional Christian
Coaching and Counseling
Academy (PCCCA). She
specializes in career and
communication coaching as
well as Biblical storytelling.
She is also certified as a
Christian counselor and
stress relief coach.

In addition, she and Dr.
Leelo Bush created the
Relationship Communication
Specialist (RCS) certification
taught at PCCCA and
Beautiful Life International.

Jenny currently serves on the ICE board of directors (International Christian Education Credentialing).

#### **DREAM SPOTLIGHT**

## Judy Ryan

When Beethoven saw a piano, he saw a symphony. When I meet people, I see the unseen beauty and truth beneath the surface and do my best to uncover it and help it to shine forth brightly. And that truth – the one that's really happening under the surface – is what we all need to see. We need this because the old ways of understanding human systems are not working anymore – the way of superior versus inferior or management versus employee or parent versus child. They never did (not without lasting, serious, negative side effects). And our world is suffering because of this, and needs a powerful, positive and sustainable transformation.

71% of the population is under performing in life and work. The bigger problem is that most leaders (whether at work or home) don't make the connection between what's causing this and what's needed to affect a healthy outcome instead. As the founder of LifeWork Systems, an award-winning training/



consulting company. I am an author, columnist, consultant, trainer, coach, and presenter. Most of all, I'm a woman with a mission; to create a world in which all people love their lives.

We do not provide a one-time training session, campaign, or management mandate ... we provide a way of life inside of organizations that becomes instilled into each and every employee. This permeates the entire organization so everyone becomes self-monitored and self-directed regardless of whether the CEO is present or not. This is a daunting task; cultivating responsible, fully-engaged employees. Leaders are coming to see this and how much this could impact productivity and profitability. Yet, they often have no way of knowing how to pull it off, well, and sustainably.

Since 2002, I have been accumulating a track record of helping people to get along and manage themselves, including their motivation and ability to get things done. I have seen the power of the courageous and innovative clients who have given me the honor of sharing our model with them, and the commitments they make to establish a responsibility-based culture.

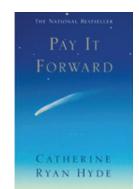
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If you are not willing to risk the usual, you will have to settle for the ordinary.

#### KAREN'S PICK BOOK OF THE MONTH:

## Pay It Forward

by Catherine Ryan Hyde



Why I love this book – "Pay It Forward" is the story of ordinary people who are made extraordinary by the faith of a child. This book inspired me to follow my dream to be the founder of Gateway To Dreams. Imagine if, as a community, we focused on what is good, right here in St. Louis and worked to make things even better. Imagine what would be possible if St. Louis became a

place filled with possibility and positivity that helped people in the community reach their life goals and dreams. Imagine how many lives could be changed if we each made "paying it forward" our personal mission and gave of our time, talent, and treasure to help someone else's dreams come true ... Paying DREAMS forward. Last year, Gateway to Dreams launched GatewayToKindness.org to encourage more kindness in the world!

## HOW MEMBERSHIP IN GATEWAY TO DREAMS HAS HELPED ME ...

I've continued my membership with Gateway to Dreams for many reasons ... I appreciate Karen's "Pay It Forward" philosophy and the organization's focus on positivity, it inspires me to be more positive! I also like the focus on building strong relationships to earn business. I look forward to the monthly Connecting & Promoting Women meetings and treasure the friends and business connections I have made at those meetings.

Diane Carson, Promoxpertz

#### **SPOTLIGHT ON OUR NON-PROFIT MEMBER OF THE MONTH:**

## Marty K. Casey

When local actor, singer/songwriter Marty K. Casey was caught up in the Ferguson protests, she had her own epiphany. Protesting would not change anything ... but what would?

Marty started to brainstorm, wondering if what helped her as a young black girl with a single mom, could help other kids, teens. For Marty it was music. The arts. Acting. This gave her a voice. A community.

Her light bulb moment began... what if she started a group to give young kids their own voice? A community to love and support them? Singing, acting, poetry, D.J. and more ... "Show Me Arts Academy" was born.

Marty has worked with groups of kids "her" kids as she calls all that join them, and has taken them on a "Spreading the LoveTours" in 2016 as far away as Washington DC. This fall, her team will be seen at The Blues games because they were part of the first home game festivities singing the Beatles rendition of "AllTogether Now."

You can visit the website at ShowMeArtsAcademy.org or look on FaceBook.To find out how you can offer your support to Show Me Arts Academy, contact Marty K. Casey at Mosley.Marty@gmail.com

DREAM BIG - FEB / MAR 2018