MARIJO ALTER has built a six figure career with Melaleuca and uses her Gateway to Dreams membership to meet new people and to work out of The Business Lodge. Marijo is passionate about health and wellness. She loves to share how helping people with their health can help them with their own personal wealth as she has done. In addition to her Melaleuca career Marijo and her husband flip homes, and have owned their own bed & breakfast, and she’s a former police officer!

JENNY GRACE MORRIS is a biblical story teller, a communication coach that also licenses other coaches. Pure of heart, Jenny Grace is committed to helping others and her spiritual coaching is one way she does that.

HAYLEY SOHN is a nutritionist with a twist. Hayley can help you with WHAT to eat AND provides healthy, nutritious meals!

AMY BAUE is a business coach that started with Gateway to Dreams as a volunteer BEFORE Gateway to Dreams opened their doors in January 2014. She hosts meetings in The Business Lodge and shares the “pay it forward” mindset to help our world. Amy loves to help her clients focus on their businesses in a way that does not drain their energy because Amy feels your health is one of your most precious resources.

JAMES TATUM is a wealth advisor and a passion for helping others. James is a “family guy” and is also the very PROUD grandfather of basketball star Jayson Tatum.

DIANE CARSON has been a member and volunteer of Gateway to Dreams for quite a while. Along with her son, Alex Carson, they own Promo Xpertz.

JO ROSSI is a personal growth expert, offering life-changing workshops and coaching. Making a difference. Giving hope to dreams while I help others do the same. Gateway to Dreams is a powerful gateway for me and for so many others!

If you want to “connect” with any of our members, reach out to Karen Hoffman and she will connect you! Karen.Hoffman@GatewayToDreams.org or 314-503-6376.

The purpose of the Impact St. Louis Awards from Gateway to Dreams is to recognize and celebrate people and organizations in the St. Louis metropolitan area that exhibit a kind and giving heart. Through this acknowledgment, we can inspire more people and organizations to do the same and improve our community.

For questions contact: Karen Hoffman (314) 503-6376

CHANGES FOR OUR CONNECTING AND PROMOTING WOMEN MEETINGS IN 2018:

We will be holding our Connecting and Promoting Women meetings same time, same place but on a different day of each month! Please mark your calendars to be sure to join us on the 4th Wednesday of each month! See you there!
Judy Ryan

When Beethoven saw a piano, he saw a symphony. When I meet people, I see the unseen beauty and truth beneath the surface and do my best to uncover it and help it to shine forth brightly. And that truth – the one that’s really happening under the surface – is what we all need to see. We need this because the old ways of understanding human systems are not working anymore – the way of superior versus inferior or management versus employee or parent versus child. They never did (not without lasting, serious, negative side effects). And our world is suffering because of this, and needs a powerful, positive and sustainable transformation.

71% of the population is under performing in life and work. The bigger problem is that most leaders (whether at work or home) don’t make the connection between what’s causing this and what’s needed to affect a healthy outcome instead. As the founder of LifeWork Systems, an award-winning training/consulting company, I am an author, columnist, consultant, trainer, coach, and presenter. Most of all, I am a woman with a mission; to create a world in which all people love their lives.

We do not provide a one-time training session, campaign, or management mandate … we provide a way of life inside of organizations that becomes instilled into each and every employee. This permeates the entire organization so everyone becomes self-monitored and self-directed regardless of whether the CEO is present or not. This is a daunting task; cultivating responsible, fully-engaged employees. Leaders are coming to see this and how much this could impact productivity and profitability. Yet, they often have no way of knowing how to pull it off, well, and sustainably.

Since 2002, I have been accumulating a track record of helping people to get along and manage themselves, including their motivation and ability to get things done. I have seen the power of the courageous and innovative clients who have given me the honor of sharing our model with them, and the commitments they make to establish a responsibility-based culture.

-continued page 4

KAREN’S PICK BOOK OF THE MONTH:
Pay It Forward
by Catherine Ryan Hyde

Why I love this book – “Pay It Forward” is the story of ordinary people who are made extraordinary by the faith of a child. This book inspired me to follow my dream to be the founder of Gateway To Dreams. Imagine if, as a community, we focused on what is good, right here in St. Louis and worked to make things even better. Imagine what would be possible if St. Louis became a place filled with possibility and positivity that helped people in the community reach their life goals and dreams. Imagine how many lives could be changed if we each made “paying it forward” our personal mission and gave of our time, talent, and treasure to help someone else’s dreams come true … Paying DREAMS forward. Last year, Gateway to Dreams launched GatewayToKindness.org to encourage more kindness in the world!

SPOTLIGHT ON OUR NON-PROFIT MEMBER OF THE MONTH:
Marty K. Casey

When local actor, singer/songwriter Marty K. Casey was caught up in the Ferguson protests, she had her own epiphany. Protesting would not change anything … but what would?

Marty started to brainstorm, wondering if what helped her as a young black girl with a single mom, could help other kids, teens. For Marty it was music. The arts. Acting. This gave her a voice. A community.

Her light bulb moment began… what if she started a group to give young kids their own voice? A community to love and support them? Singing, acting, poetry, D.J. and more … “Show Me Arts Academy” was born.

Marty has worked with groups of kids “her” kids as she calls all that join them, and has taken them on a “Spreading the Love Tours” in 2016 as far away as Washington DC. This fall, her team will be seen at The Blues games because they were part of the first home game festivities singing the Beatles rendition of “All Together Now.”

You can visit the website at ShowMeArtsAcademy.org or look on FaceBook. To find out how you can offer your support to Show Me Arts Academy, contact Marty K. Casey at Mosley.Marty@gmail.com